

I BELIEVE ...



#CAREDAY

I LOVE ...



#CAREDAY

I WILL BE ...



#CAREDAY

MY EXPERIENCE HAS TAUGHT ME ...

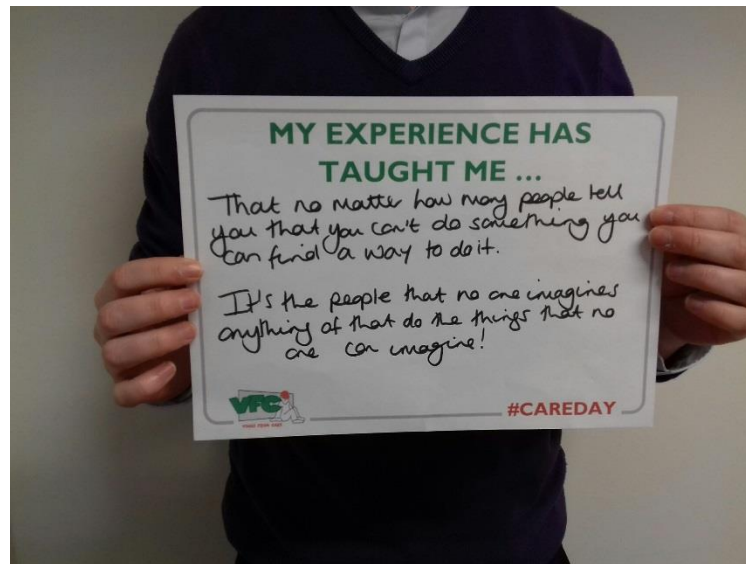


#CAREDAY

Instructions for use

Write your #CareDay message on the any or all of the placards

Take a selfie, or get someone else to take a photograph of you, holding your placard like this,



The tweet the picture to @VoicesFromCare and use the hashtag #CareDay and your messages will be joined together with care experienced young people from across Wales and the UK.

Your Voice Matters!!!